

Weekend Course with SHINJI AKITA

www.shinjiakita.net SKAI

This unique seminar camp offers intensive training in a small group, socialising and enjoying freshly cooked food, prepared by Sensei Akita.

As this course is named "発見 - Hakken", it is a great opportunity to discover yourself and to find out the importance of the fundamental basics of Shotokan Karate...

発 hatsu

見 ken

-Discover-
-Find out-

WHEN

Date	29, 30 June, 1 July 2012
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WHAT

	Shotokan Karate Weekend Course (English and German translation)
with	Shinji Akita
focus on	Fundamental basics of Shotokan Karate
who	5th Kyu and above, 16 years and over
Limited number	30 people

WHERE

Address	FitFun Sportpark Robert Bosch Straße, 65549 Limburg, Germany	Map
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SCHEDULE

Friday 29 June	19.00 - 21.00	1. Training
Saturday 30 June	08.00 - 09.00	2. Training
	09.00 - 10.00	Breakfast
	10.30 - 12.00	3. Training
	12.00 - 13.00	Lunch
	15.00 - 16.30	4. Training
	16.30 - 17.30	5. Individual advice / Q&A
Sunday 1 July	19.00 -	BBQ
	09.00 - 10.30	6. Training
	11.00 - 12.30	Brunch



FEES

Course Only *Including use of Sauna	50 Euro	6 sessions	See the schedule
Meals	30 Euro	4 meals	Breakfast - Saturday morning Lunch - Saturday afternoon BBQ dinner - Saturday evening Japanese Brunch - Sunday morning
Accommodation	20 Euro	2 nights	Friday and Saturday night In the Dojo with your own sleeping bag



HOW TO APPLY

Please write to us and send the deposit of 20 Euro to **Minamoto Shinji Akita**.

We will close the applications by the 10th June 2012 or as soon as we reach the number of 30 people.

Minamoto Shinji Akita ♦ Cagenbergstraße 6 65520 Bad Camberg ♦ Fon: ++49 6434 6070327 ♦ e-Mail: info@shinjiakita.net
Bankverbindung / Bank details: Shinji Akita ♦ Commerzbank ♦ BLZ / Bank Code: 51380040
Konto Nr. / Account No. 0937942300 ♦ IBAN: DE 37513800400937942300 ♦ BIC: DRESDEFF513 (Gießen, Lahn)

CONTACT & INFORMATION

Stefanie Raeke	Email: info@shinjiakita.net	Tel: +49 6434 6070327	Mobile: +49 178 5561170
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