

04.Feb.2012

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Course with Akita Sensei

SAKURAGAOKA Karate Dojo Limburg



Akita Sensei is graduate of the famous Takushoku University in Tokyo, Chief-Instructor of SKAI (Shotokan Karate Alliance International) and since 1999 guest trainer at the big summer Gasshuku, organized by the German JKA Karate Association.

The master of motivation is one of the most popular Karate instructors in Germany. Thanks to specific exercises and a brilliant way of explaining, Akita Sensei helps Karate ka to understand how to improve their techniques. His teaching method gives valuable impulse to those who teach themselves...

10:30 Uhr – 12:00 Uhr (9. Kyu – 5. Kyu / Kihon)
12:00 Uhr – 13:30 Uhr (4. Kyu – Dan / Kihon)
14:00 Uhr – 15:00 Uhr (9. Kyu – 5. Kyu / Kumite)
15:00 Uhr – 16:00 Uhr (4. Kyu – Dan / Kumite)
16:00 Uhr – 17:00 Uhr (9. Kyu – 5. Kyu / Kata)
17:00 Uhr – 18:00 Uhr (4. Kyu – Dan / Kata)

Fee: 20 EUR

Venue: SAKURAGAOKA Karate Dojo

c/o FIT FUN Sportpark, Im Finken 22, D-65549 Limburg

Accommodation: <http://www.hrs.de>

Arrival by plane or train: Please don't hesitate to ask for more information.

By car: Take motorway A3, junction 42 — follow signs "Limburg-Nord, Diez, Elz, B49". Bear right onto B8 ("Altenkirchen, Elz, Montabaur"). After 900 m turn right into Dieselstraße.

Take 2. right: Robert-Bosch-Straße. After 350 m turn right onto Im Finken. After 50 m turn left, follow Im Finken.

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